



Car Trouble? Bad Weather? Not Feeling Good? Do Therapy From Home!

Michelle McKinzie, LCSW is now offering **Telehealth Services**

It's Easy!

1. Provide your email address to our office when you request your telehealth appointment
2. Michelle will email you a link to your private meeting room
3. At the time of your appointment, click on the link
4. During your first online visit, you will be prompted to download the free **ZOOM** app on your smartphone or **"download and install"** the **ZOOM** software on your computer
5. Once the app or software is downloaded, the video screen will appear – then simply wait for Michelle to join

Your virtual appointment with Michelle is private, HIPAA-compliant, secure, and covered by your insurance – just like an office visit!
Earbuds are recommended but not required.
